

# CIT-VET

The training is designed to provide officers an understanding of the veteran experience while also equipping them with tools and techniques to de-escalate potentially volatile situations, resulting in positive outcomes between law enforcement and veterans in crisis situations. This training module will build on the 40-hour instruction class CIT officers have already received and increase an officer's skills, resources and options. This program was designed to provide law enforcement with both knowledge and the tools to effectively stem this growing public health issue.

## Objectives:

- Provide understanding of the experiences and challenges OEF/OIF veterans face during service in Iraq and Afghanistan, along with a cultural competency of military life and culture
- Heighten awareness of the transitional obstacles current era veterans experience upon returning home, and the risk factors associated with their transition into civilian life
- Detail the effects of post-traumatic stress and traumatic brain injury, allowing officers to identify and de-escalate crisis encounters with veterans who are suffering from these serious mental health injuries.
- Provide officers with referral information needed to properly guide veterans to the assistance they may desperately need.

## 2023 Dates

- October 18-20 (W/F)                      Regional Police Academy, #303  
0800-1700 hours

**Registration:** [SBoone@rediscovermh.org](mailto:SBoone@rediscovermh.org)