

K.C.P.D family,

I hope this message I write finds you doing well as we embark on the second month of 2025. I feel we can always use some encouragement or strengthening support no matter what time of the year it is.

The strengthening verse I share with you is a favorite of mine. "I can do all things through Christ who strengthens me." (Philippians 4:13) Now for my Tactical team buddies, this verse won't add a hundred pounds to your bench press. However, it is to be a verse that gives us strength when we face a difficult task or a situation that is hard for us. This verse is just another version of saying "nothing is too difficult for God" or "that nothing is impossible with God." It's a verse that gives us a shot in the arm or a boost like one of those Hulk protein smoothies from Smoothie King.

Philippian 4:13 is about how we can overcome the trials of life and be content in our present circumstance. It's resting in Jesus' love and letting his strength shine through our weakness. We can do all things through Christ, but that doesn't mean we need to do or engage all things that come into our lives. Being still and trusting in Jesus is sufficient.

Thank you for all the sacrifices you make as you do your job! Please feel free to reach out anytime you deem necessary.

Chaplain: Shane Stamm

Solid Rock Bible church

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