

K.C.P.D. Family,

As we move forward through life, changes meet us at every turn. We look forward to many of these junctures with enthusiasm. It can be new experiences, new situations, or even new people. On the other hand, at times we find ourselves having to dig in and grab onto the guardrails to slow down the inevitable of an unwanted change that lies ahead.

I think all of this is a little like driving a car. The rearview mirror allows us to reflect on where we've been, but we all know that you cannot keep your focus on the rearview mirror (our past) when trying to move forward because you're not seeing what's in front of you. If your eyes are on what's behind you, how will you navigate the curves and hazards ahead of you? Don't let things of days past put you in the ditch of despair. If you are going to spend time looking back, do so recalling what the Lord has done in your life and let that be a reminder that He is the guidance and protection for what lies ahead. He can use events from the past to teach, to encourage, and to bless us. He can also forgive us for the sins of our past that weigh us down. And a final thought, scripture says, "Remember your word to your servant, in which you have made me hope. This is my comfort in my affliction that your promise gives me life." Psalm 119:49-50.

I am praying that this is a blessed week of navigation through the things in front of you and not painful or difficult things of the past. Scripture "May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."

God Bless,
Chaplain Shane Stamm
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