

“Keep Looking Up”

Rev Paul Jones wrote the words to this song and said “I’ve had some good days. “ I’ve had some hills to climb. I’ve had some weary days and some sleepless nights.

But when I look around and when I think things over...
All of my good days outweigh my bad days and I won’t complain....

Life happens every day to each one of us but God reminds us to keep looking up.

Psalm 121 says; I will lift up mine eyes to the hills from whence cometh my help. My help cometh from the Lord who made heaven and earth. He will not suffer thy foot to be moved: he that keepeth thee will not slumber. Behold he that keepeth Israel will neither slumber nor sleep. The Lord is thy keeper: the Lord is thy shade upon thy right hand. ZzThe sun wi
Shall not smite thee by day, nor the moon by night. The Lord shall preserve thee from all evil: he shall preserve thy soul. The Lord shall preserve thy going out and thy coming in from this time forth, even for evermore.

Try starting your day with a positive note of encouragement to yourself, “I can do this” “I will get better” “I know it’s going to be alright” “Things are going to work out for my good” - trusting in God never fails.

You are blessed to be a blessing!

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