



# UNDERSTANDING SUICIDE IN FIRST RESPONDERS

## 1-DAY COURSE

### DETAILS

### ORGANIZER

### VENUE

**Begins:**  
**Friday, May 22**  
8:00 am

**Warrior's Rest Foundation**

**Kansas City PD**  
6885 NE Pleasant Valley Rd  
Kansas City, MO 64157

**Ends:**  
**Friday, May 22**  
5:00 pm

**Phone:**  
(405) 285-0544

**Scan to Register:**



**Cost:**  
**\*\*FREE\*\***

**Email:**  
[matt@warriorsrestfoundation.org](mailto:matt@warriorsrestfoundation.org)

**REGISTRATION**— <https://warriorsrestfoundation.org/event/understanding-suicide-in-first-responders-1-day-course-kansas-city-mo/>

**8 Hours MO POST – ALL training must be completed to receive credit.**

### COURSE CONTENT:

- This one-day course is designed for first responders who face repeated trauma and are expected to carry it without pause.
- Participants will explore the real factors driving suicide risk, including chronic stress, hypervigilance, substance use, and cultural barriers to seeking help. Through interactive discussion and real-world application, this training introduces practical tools to recognize warning signs and have direct, life-saving conversations.
- Attendees will learn to apply the CCDR model to respond with confidence and connect others to appropriate care.
- This course will prepare participants to understand various crisis intervention services for individuals and groups.

