

Dear K.C.P.D family,

I hope you are looking forward to Spring with warmer days ahead, though after the windy snowy Sunday it may have dashed your joy a smidge. Sometimes the events in our day to day can shape our outlook on our day or week ahead. I find in the word of God a reminder of the reason to see the cup half full verses half empty as is easy to do.

Psalms 32:10-11: Verse 10. "Many are the sorrows of the wicked, but he who trusts in the Lord, Lovingkindness shall surround him. Verse 11. Be glad in the Lord and rejoice, you righteous ones: And shout for joy, all you who are upright in heart.

I think we all can use a reminder of how God allows the details of our lives to unfold and we should know that nothing happens without His knowledge. Every day, little changes in our schedule or small irritations will occur. With each day, we can choose to let these obstacles upset us; or we can rest in the knowledge that God lovingly ordained them as small reminders to help us look to and rely on Him. For example, we can grumble about the frustrating traffic jam that is keeping us from getting somewhere on time. We can also see where that traffic may be placing us right on time to learn something, or to be appreciative that whatever caused that traffic jam was not involving us (i.e. broken-down car or traffic accident). We must resort back and remember that God knows about our deadlines, and we can view the time sitting in traffic as an opportunity to pray and rejoice. We always have a choice, we can complain, or we can rejoice.

We must keep in view the knowledge that we are continually surrounded by God's unfailing love that permeates our lives and chases away our complaints and fears. Best conversation you will have with God is done through Knee-mail.

Respectfully Submitted,

Chaplain: Shane Stamm

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816-813-1242, Call anytime.